



INTRODUCTION

Think about the most difficult situation you have experienced these days.

What was in your mind at that time?

How did you feel?

What did you do?

(Lead the participants to see their attitudes at hard moments in their life, when things seem hard to face and accept.)

In this Second Sunday of Lent, Jesus appears in glory in the presence of Peter, James and John up in the mountain. This is Jesus' transfiguration, a spectacular event that prepares the disciples as friends and followers of Jesus to understand and accept his death on the cross. Let us find out more about this story.



OPENING PRAYER

Any appropriate song or prayer for Lent.



PHASE ONE REMEMBER THE STORY OF JESUS

1.1 Proclamation of the Gospel Story Mark 9:2-10

(Enthroned the Bible on a table with lighted candle)

A moment of prayerful silence

We will not be able to understand the Word of God unless God himself opens our hearts. Let us now welcome Jesus as he speaks to us through his Word

Gospel Acclamation:

Tikang han mapawa nga dampog, hinbatian an tingog han Amay: Amo ini an akon Anak, an akon hinigugma. Pamatii ninyo hiya (From the shining cloud, the Father's voice is heard: This is my beloved Son, listen to him)



A reading from the holy Gospel according to St. Mark

2 Six days later, Jesus took with him Peter, James and John, and led them up a high mountain. There his appearance was changed before their eyes. 3 Even his

clothes shone, becoming as white as no bleach of this world could make them. 4 Elijah and Moses appeared to them; the two were talking with Jesus.

5 Then Peter spoke and said to Jesus, "Master, it is good that we are here; let us make three tents, one for you, one for Moses, and one for Elijah."

6 For he did not know what to say: they were overcome with awe.

7 But a cloud formed, covering them in a shadow, and from the cloud came a voice, "This is my Son, the Beloved; listen to him."

8 And suddenly, as they looked around, they no longer saw anyone except Jesus with them.

9 As they came down the mountain, he ordered them to tell no one what they had seen, until the Son of Man had risen from the dead. 10 So they kept this to themselves, although they discussed with one another what 'to rise from the dead' could mean.

Reader: *The Gospel of the Lord*

All reply: *Praise to you Lord Jesus Christ*

1.2 Brief Guided silent Meditation / Personal Prayer

(Let us spend pause for a while with these questions)

-What picture comes to your mind as you hear the Gospel read?

-If you were one of the disciples with Jesus at the transfiguration, how would you feel? What would you say to Jesus?

1.3 Text in Context

1. What happens to Jesus before the three apostles up in the mountain? Elijah and Moses appear with Jesus; Jesus' clothes become dazzling white; a voice from heaven speaks about Jesus.

2. What do you know of Elijah and Moses? Elijah was a prophet of Israel who reminded people to remain faithful to God. Moses was a law giver to the Israelites

3. What is the reaction of the disciples to this experience? The disciples are in great awe and do not know what to say.

4. What does Peter want to do? make tents for Moses, Elijah, and Jesus What do you think Peter meant when he said "It is good that we are here!?" Peter likes what is going on and wants this pleasing moment on the Mountain to last but does not know what he is saying.

5. What is the message of the voice from heaven? *This is my beloved Son. Listen to him*

6. What instruction does Jesus give to his disciples after the Transfiguration? not to tell anyone until after Jesus has risen from the dead

PHASE II REFLECT the Story
of the Church
(Teachings of the Church)



We see Jesus going around proclaiming the Good News with the disciples who must have been accompanying him for more than a year. They know the growing misunderstanding of the religious leaders (Pharisees and Scribes) on the mission of Jesus.

We may say that even the disciples have some questions about Jesus:

Is Jesus the promised one of God (the Messiah) whom we wait for to give us a better life from the many years of foreign rule?

If he is the Messiah, why does he talk about his suffering and death on the cross?

What does he mean when he says: he will rise again?

In today's Gospel the Father himself intervenes. Just as he had done in Jesus Baptism, he speaks again: ***"This is my Son, the Beloved; listen to him."***

Amidst the radiant figure of Jesus, the Father's voice resounds:

Can you not believe in my dear Son Jesus?

Why do you reject him?

He is greater than Elijah's prophecy and Moses' giving the law. In Jesus I care for you. I am for you in my Son.

Listen to him.

Why was Christ transfigured on the mountain?

The Father wanted to reveal the divine glory of his Son even during Jesus' earthly life. Christ's transfiguration was meant to help the disciples later to understand his death and Resurrection (YOUCAT 93)

Let us believe in God who speaks to us. Let us be convinced that Jesus is his beloved Son who owes our attentive listening. God's message may be too severe or harsh, but it will bring hope and will change us. God who suffers and dies will rise in glory (in big word, resurrection)

This is the message of Lent. From our doubt and despair, we will stand firm with Jesus. Life may be too difficult to carry on especially in this time of pandemic. Our longing for glory in heaven as Jesus has shown in the transfiguration will help us reach out to God and to listen to him.

What Lenten sacrifices can I offer to Jesus so that, I may grow closer to him in his suffering and carrying of his cross?

How hopeful am I that all my hardships are nothing compared to the glory of Christ's resurrection?

PHASE THREE RESPOND – with/ in my personal faith /community faith story

As we come to the Second Week of Lent, let us listen to God who speaks to us in many ways. To listen means to obey what is heard. We will never obey God unless we hear and listen to him. Then we say "Yes" to the what we heard from God who is all truth.

In silence we begin to hear the voice of God.

We are so much accustomed with the noise from within and outside us the whole day. For example, social media such as overuse of cell phone and "videoke" or Television sometimes takes away the quiet of the heart that needs to hear God's voice

During the day, do I try to take some time to put down what I am doing and allow God to be part of my worries and roubles.

Do I see some good things in spending moments of silence daily?

God speaks to us through the words of the Holy Scriptures (Bible).

Do I take time to read the Bible on my own?

What is my attitude when the Word of God is proclaimed at Mass?

We listen to God's voice in in the depths our

Conscience that tells us to love and do what is good and to avoid evil.

Do I examine my conscience every night, to see how I have been close or away from God during the day?



CLOSING PRAYER

Prayer to the Holy Cross

Oh, Adorable Lord and Savior Jesus Christ,

You have suffered death on the Cross for our sins.

Oh, Holy Cross of Jesus, be my true light!

Oh, Holy Cross, fill my soul with good thoughts.

Oh, Holy Cross, ward off from me all things that are evil.

Oh, Holy Cross, ward off from me all dangers and deaths

and give me life everlasting! ...Amen

<https://lordcalls.com/dailyprayer/prayer-to-the-holy-cross>

BACKGROUND FOR THE CATECHISTS

CCC 555 For a moment Jesus discloses his divine glory, confirming Peter's confession. He also reveals that he will have to go by the way of the cross at Jerusalem in order to "enter into his glory". Moses and Elijah had seen God's glory on the Mountain; the Law and the Prophets had announced the Messiah's sufferings. Christ's Passion is the will of the Father: the Son acts as God's servant; the cloud indicates the presence of the Holy Spirit. "The whole Trinity appeared: the Father in the voice; the Son in the man; the Spirit in the shining cloud.

